Thames River Basin Tuesday, October 18, 2022

Partnership Quarterly 9:30 AM to Noon

Meeting

This meeting will be hosted by ECCD via Zoom.

Register in advance for this meeting at

https://us02web.zoom.us/meeting/register/tZYqfumvqjksHtN0CCKYaG75T5nVNPF0NEt5

and you will receive the meeting sign in information by email.

## **MEETING AGENDA**

## Welcome and Introductions!

Special Presentation: This quarter, we will feature Linda Colangelo, Education and Communications Coordinator for the Northeast District Department of Health, and Coordinator for the HealthQuest Northeast CT health and wellness coalition. These community partners have been working together to reduce the risk of chronic illness by creating and improving places for physical activity. Work includes enhancing trails and greenways infrastructure, improving equitable access to trails and on trails, and increasing awareness of multi-use trails. HealthQuest is also working with Della M. Corcoran, MD, Kimberly Bradley at DEEP and Kristen Bellantuono with No Child Left Behind to further develop an Outdoor RX CT concept, a program that empowers physicians to start "social prescribing" – referring patients to local, non-clinical resources such as those found in nature - to benefit physical/mental health and overall wellbeing. This presentation will focus on the health benefits of being outdoors in the natural resources our TRBP partners work so hard to conserve.

## **TRBP Coordinators Report**

TRBP financial report Other TRBP updates

**Partner Reports on Activities related to the TRBP Plan of Work:** Share your organizations efforts that are compatible with the TRBP Plan of Work. Reports will be compiled in the TRBP newsletter, the TRBP Partners in Action Report.

## Adjournment

NOTE: Please consider this opportunity to update the Partnership on your projects or to network with others working in similar fields. For more information, contact Jean Pillo, <a href="mailto:jean.pillo@comcast.net">jean.pillo@comcast.net</a>. Jean is working remotely until further notice, so email communication is recommended.

The Partnership encourages the use of our website, newsletter, the TRBP Partners in Action Report and social media outlets as valuable resources. Please feel free to review the website <a href="https://www.TRBP.org">www.TRBP.org</a>.